

# Hanon 1-Like Hand Warm-Up (F+N)

(Climbing and falling Pentachords in a One-Skip-Two Pattern, Parallel Motion.)

JimO

1 2 3 4 5 4 3 2 1 2 3 4 5 4 3 2  
C E F G A G F E D F G A B A G F

5 4 3 2 1 2 3 4 5 4 3 2 1 2 3 4

The first system consists of two measures. The first measure contains a climbing pentachord (C-E-F-G-A) and a falling pentachord (A-G-F-E). The second measure contains a climbing pentachord (D-F-G-A-B) and a falling pentachord (B-A-G-F). Fingerings are indicated by numbers 1-5 above the notes. The bass clef part shows the corresponding descending and ascending fingerings: 5-4-3-2-1 and 2-3-4-5-4-3-2-1.

3  
1 2 3 4 5 4 3 2 1 2 3 4 5 4 3 2  
E G A B C B A G F A B C D C B A

5 4 3 2 1 2 3 4 5 4 3 2 1 2 3 4

The second system consists of two measures. The first measure contains a climbing pentachord (E-G-A-B-C) and a falling pentachord (C-B-A-G). The second measure contains a climbing pentachord (F-A-B-C-D) and a falling pentachord (D-C-B-A). Fingerings are indicated by numbers 1-5 above the notes. The bass clef part shows the corresponding descending and ascending fingerings: 5-4-3-2-1 and 2-3-4-5-4-3-2-1.

5  
1 2 3 4 5 4 3 2 1 2 3 4 5 4 3 2  
G B C D E D C B A C D E F E D C

5 4 3 2 1 2 3 4 5 4 3 2 1 2 3 4

The third system consists of two measures. The first measure contains a climbing pentachord (G-B-C-D-E) and a falling pentachord (E-D-C-B). The second measure contains a climbing pentachord (A-C-D-E-F) and a falling pentachord (F-E-D-C). Fingerings are indicated by numbers 1-5 above the notes. The bass clef part shows the corresponding descending and ascending fingerings: 5-4-3-2-1 and 2-3-4-5-4-3-2-1.

7  
1 2 3 4 5 4 3 2 1 2 3 4 5  
B D E F G F E D C

5 4 3 2 1 2 3 4 5

The fourth system consists of two measures. The first measure contains a climbing pentachord (B-D-E-F-G) and a falling pentachord (G-F-E-D). The second measure contains a single note (C). Fingerings are indicated by numbers 1-5 above the notes. The bass clef part shows the corresponding descending and ascending fingerings: 5-4-3-2-1 and 2-3-4-5.

9

5 4 3 2 1 2 3 4 (Cont.) B G F E D E F G

1 2 3 4 5 4 3 2 (Cont.)

11

A F E D C D E F G E D C B C D E

13

F D C B A B C D E C B A G A B C

15

D B A G F G A B C